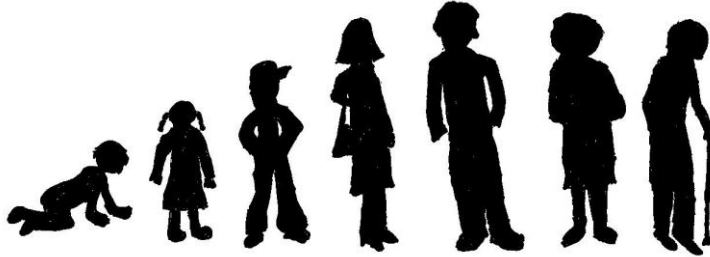


# Through-Life discipleship

– *Following Christ through the ages and changes of life*



**Through-Life discipleship is a new project being co-ordinated by St Peter's Saltley Trust to encourage action and reflection with regards to supporting the Christian journey through the various stages and transitions of life.**

*It is likely that your church already does a variety of things which support and nurture Christian faith in particular stages and transitions of life. Could some of those good things be shared?*

*How might the changing shape of the life course present new challenges in living out our faith? Is there a need for greater support and resourcing in this area? How can churches help people negotiate the major times of transition in their lives?*

*We often describe our Christian faith as a journey, but in what ways can we intentionally explore discipleship as a life-long endeavour? How can we bring different generations into conversation and learn from each other?*

**We are looking to work with local churches in the New Year, who would like to explore this idea of 'through-life discipleship' with their congregations for a period of time and see where it takes them...**

You may have been thinking about these questions for years or you might just be beginning to do so. Whether you already have an idea of how this may work in your church or perhaps you are simply aware you would like to do more in this area, we would love to partner with you. The form this project might take in various churches has the potential to be very different, all we ask is that you're committed to exploring the ideas of ageing, life transitions and the journey through life as it relates to one's living out their faith, and willing to share your experiences with others.

For more information, please contact Ian Jones or Ben Baker (director@saltleytrust.org.uk/ ben.baker@saltleytrust.org.uk/ 0121 427 6800) for a further conversation about how your church could be involved.



[www.saltleytrust.org.uk](http://www.saltleytrust.org.uk)